

Ellen Romani, MHSA, MT(ASCP)BB, DLM
Department Chair
Therapeutic Massage, Phlebotomy,
Medical Laboratory Technology
Phone: (864) 592-4866
E-mail: romanie@sccsc.edu



P.O. Box 4386
Spartanburg, SC 29305
Phone: (864) 592-4800
www.sccsc.edu

Therapeutic Massage



For more information on Therapeutic
Massage visit these websites:

www.sccsc.edu/massage
www.ncbtmb.org/
www.fsmtb.org/licensing.html

Applying to SCC

To apply or receive admissions information,
contact the SCC admissions center at
(864) 592-4800, toll free (866) 591-3700
or visit our website at www.sccsc.edu.

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www.sccsc.edu/massage

Program Highlights

Massage therapy is a proven healing method involving the manipulation of muscles and other soft tissue to increase blood and oxygen flow throughout the body to relieve pain, enhance function and encourage relaxation.

The Therapeutic Massage Program at SCC focuses on Swedish and basic massage techniques while providing students with knowledge of anatomy, physiology and general wellness practices. Students also learn the business skills and ethical responsibilities needed to be successful health care providers in this diverse field.

This hands-on program prepares graduates for the National Certification Board for Therapeutic Massage and Bodywork Exam or Massage & Bodywork Licensing Examination (MBLEx).



Curriculum

Therapeutic Massage



Coursework includes classroom, clinical and externship components such as:

- Communication and Professional Behavior Skills
- Musculoskeletal Anatomy
- Medical Terminology
- General Anatomy and Physiology
- Introduction to Massage
- Massage Principles
- Pathology for Massage Therapists
- Business Applications

The 720 hour, three-semester sequential program averages two-to-four classes per semester for a total of 13-21 class/lab hours per week.

Pre-requisite and general education courses are offered during the day, evening, and weekends at the Spartanburg, Duncan and Gaffney SCC locations or at [SCCOnline](#).

Career Opportunities

As the benefits of massage are becoming more popular, employment as a massage therapist is expected to increase 20 percent by 2016, according to the Bureau of Labor Statistics.

Massage therapists work in an array of settings such as private offices, spas, hospitals, nursing homes, fitness centers, sports medicine facilities, airports and shopping malls. Many massage therapists are self-employed with their own practices and may travel to clients' homes or offices to provide a massage.

Massage therapists can specialize in more than 80 different types of therapeutic massage, called modalities, which include Swedish massage, deep-tissue massage, reflexology, acupressure, sports massage and neuromuscular massage.

